

Rhythm of Life

Session Two: Breaking Bread

The Rhythms of Fellowship, Community & Connection

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We are living in the most incredibly _____ generation, and yet we have never been _____.

We've been lied to....culture has told us that we're better off alone.

We've started to confuse being _____ in some app, with being _____ by another brother.

You and I were _____ for community.

Community was not some after thought. It is not a nice add on for a life of enjoyment, it's not a coping mechanism or a plan B to help us avoid sin....

Our Great God _____!

"You must love the Lord your God with all your heart, all your soul, and all your mind.' This is the first and greatest commandment. A second is equally important: 'Love your neighbor as yourself.'" Matthew 22:37-39

For Jesus, being His _____ meant following in a _____.

***"Flee the evil desires of youth and pursue righteousness, faith, love and peace, along with those who call on the Lord out of a pure heart."* - 2 Timothy 2:22**

In order to follow Christ's call into community, we'll have to "spot the rocks".

First, remember that community is often _____. Really messy.

The power of community, lines up with the true danger of community.....because....

In true community we are both _____ and _____.

Community often _____.

Unfortunately, those who know us the most, have seen us the most, can hurt us the most.

We are often too _____ for _____ community.

Just like cooking. Whether it's slow smoked bbq, a sauce that is reduced for hours, or soup that takes an entire day....real flavor takes time to develop. Deep community is no different.

The word KOINONIA means fellowship, it denotes a group of people sharing in common what they own....it's a shared life, around a shared endeavor or aspiration, defined by intentional participation and whole group contribution.

“We loved you so much that we shared with you not only God’s Good News but our own lives, too.” - 1 Thessalonians 2:8

In our overly sensitive, and overly politically correct culture....to say something is WRONG....is WRONG! You know what? THAT'S WRONG! Men's movements love talking about iron sharpening iron...but then we retreat when there is heat, friction, sparks and flying metal....

Within deep community we are _____ and _____.

As you consider what you offer to a community, ask yourself:

- What is it like...to encounter and experience *me*?
- Are the people in my closest circles of community, becoming who God created *them* to be...and am I helping or hurting in that process?
- Do the people in my life feel valued? Celebrated? Heard? Invested in? Do they feel seen? Am I a STUDENT of the people I'm in community with?